

TESTIMONIALS

This is how Friends feel about Friends...

"I got involved thinking I would be helping someone else, making a difference in their life.

The one thing that I didn't realize was the impact it would have on my own."

Karyn Adams

Friend Extraordinaire

"It doesn't take much, and the best part is the two of you decide how you'd like to spend your time together. It could be playing cards, teaching a child to play baseball, helping someone go to the grocery store or just sitting, talking and sharing good times."

Jack Goodman

Friend - VP Strategic Initiatives

"As community leaders, we set the standard for others to follow. Through corporate contributions, employment programs, cooperative promotional support, volunteering and donations, we can unleash the potential in so many people. With **Friends** there's no limit to what people can accomplish."

Andrew MacLachlan

Friend - j.j. Barnicke

"Being involved with **Friends**, I feel like I'm at home. They treat you like a person and they go out of their way to help. It's all about **Friends** whether for a moment or a day, human connection is the greatest commodity in life."

Phil Parentau

Fabulous Friend

Over the last year, I've gone from feeling less and less a part of society to gaining many skills and **Friends**. I feel a part of a welcoming and warm atmosphere. Now the little successes in life mean so much.

I know I couldn't have done it without the Ability Society and **Friends**.

You've helped me achieve the 'impossible dream.' Thank you."

Chris Gieck

A Friend In Deed

"What the **Friends** movement is doing is creating a small town feeling, that real sense of community, through actively connecting people within our growing city. The impact this can have on our community is extraordinary."

Joel Christie

Friend - FCSS City of Calgary

friends...
moments

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